

CROSFIELDS JFC - MONITORING / SELF ASSESSMENTS

DATE

AGE GROUP:

TRAINING SESSION

Health & Safety: First Aid

Comments

1st Aid Bucket present	
1st Aid Bucket correctly stocked	
Qualified 1st Aider present	
Access to a mobile phone in case of emergency	
Players Emergency Contact Details present	
Players signed Emergency Medical Details present	

Health & Safety

Comments

Was the training area checked for any dangerous objects ie broken glass etc	
Were the Goal Posts checked	
Signing in Sheets present	
Players Signed in & out of the training session	
U5-U12 - parents present at the training session	
Players all wearing shin guards	
Players wearing correct footwear - no bladed boots	
Did the players arrive in trainers & only change into boots once on the grass	

Coaching

Comments

Adequate ratio of coaches : players	
Is the correct equipment available ie bibs, footballs, cones etc	
Was a proper warm up conducted	
Is the training session suitable for the age & ability of the players	
Are all the players involved.	
Does the training session progress to stimulate & motivate the players	
Are the players enjoying the training session	
Is the coaching instruction appropriate	
Are the Team Manager/Coaches setting a positive example to players/spectators	
Does the Team Manager / coach use appropriate or inappropriate language	
Older players - was a proper cool down conducted	
Is anyone involved in the session who should not be	

Feedback to Manager / Coach / Spectators from Person Completing Monitoring Form

Monitored by