

# **Crosfields JFC - Heath & Safety Checklist**

## **Facilities**

Check Condition of pitch - sweep for sticks, glass,  
Goal posts – are they safe. Is the goal net pegged etc?

## **Players**

Check football boots are safe - Bladed boots are not allowed  
No chewing gum or sweets in mouths  
Shin pads must be worn  
No jewellery, watches etc.  
Does anyone have Asthma - inhalers should be nearby  
Are there any other relevant any other recent medical conditions/injuries?  
Does everyone feel OK?

## **Weather**

Is the pitch frozen or waterlogged?  
Are there thunder storms in the area?  
Is it very hot? - extra water/breaks may be required.

## **Information**

Are the parents present - if not who is responsible for the player?  
Players' parental contact details - names, addresses, contact telephone numbers.  
List of player's known medical conditions & medical consent forms to hand.  
Know where landline phone is located (eg. in reception etc..)

## **Equipment**

Mobile Phone  
Stocked First Aid Kit  
Extra Water